



Karate-do Yushin-juku

presents

2017 SPRING KARATE TRAINING CAMP

April 5 (Wed), 6 (Thu), 12 (Wed), 13 (Thu)

at the Japanese Art & Cultural Center

4334 Moorpark Ave., San Jose, CA 95129 • (408)418-3535 • www.jpnants.org

All karate students and friends are invited to participate in our **Spring Karate Training Camp**, offering full days of karate training. This training opportunity is open to anyone regardless of karate style, school affiliations, age (5 & up) or prior experience. Complete beginners are also welcomed.

Registration is open until the day(s) of the camp without any late fee. Please come and join this great opportunity to enhance your karate-do training and spirit.

Daily Training Schedule:

10:00 - 10:50 AM	Warming up & Stretching
11:00 - 11:50 AM	<i>Kihon</i> (Basics) 1
12:00 - 12:50 PM	<i>Kihon</i> (Basics) 2
12:50 - 1:30 PM	Lunch Break
1:30 - 2:20 PM	<i>Kata</i> (Forms) 1
2:30 - 3:20 PM	<i>Kata</i> (Forms) 2
3:30 - 4:10 PM	<i>Kumite</i> (Sparring) 1
4:20 - 5:00 PM	<i>Kumite</i> (Sparring) 2

Camp Fees:

Full day: \$80 (1 day) / \$140 (2 days) / \$180 (3 days) / \$200 (4 days)

Partial: \$20 (any single session) / \$50 (half day; AM or PM)

Notes:

1. Participants may bring their own lunch or parents may take them out to eat during the lunch break. Complimentary food, snacks, bottled water/juices will be available at the dojo. Volunteer helpers, food, snack and soft drink donations are welcomed and appreciated.
2. Camp participants may also attend any or all of our regularly scheduled evening karate classes after 5pm without additional charge:
 - 5:15-to-6:00 pm Beginner Children
 - 6:00-to-7:00 pm Intermediate Children
 - 7:00-to-8:00 pm Advanced Children & Adults
3. No refund or discount will be given to late arrival or early departure.
4. For more information, visit www.jpnants.org or email: aki@yushin-juku.org

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REGISTRATION FORM

Participant's Name		Age
Karate School <input type="checkbox"/> Yushin-juku <input type="checkbox"/> Other _____		
Karate Style <input type="checkbox"/> Shotokan <input type="checkbox"/> Other _____		
Current Rank (if any) Belt Color: _____ (Rank: _____ <i>Kyu / Dan</i>)		
Name of Parent or Guardian (if participant is under 18)		
Street Address		
City, State, Zip		
Phone (_____)	Email	
Camp Fee: <input type="checkbox"/> 1 Day (\$80) <input type="checkbox"/> Half Day AM (\$50) <input type="checkbox"/> 2 Days (\$140) <input type="checkbox"/> Half Day PM (\$50) <input type="checkbox"/> 3 Days (\$180) <input type="checkbox"/> Single Session <input type="checkbox"/> 4 Days (\$200) \$20 x ____ session(s)		Day(s) Participating: <input type="checkbox"/> April 5 (Wed) <input type="checkbox"/> April 6 (Thu) <input type="checkbox"/> April 12 (Wed) <input type="checkbox"/> April 13 (Thu)
TOTAL PAYMENT: \$ _____ (<input type="checkbox"/> Credit Card; <input type="checkbox"/> Cash; <input type="checkbox"/> Check " <i>Yushin-juku</i> ")		

The undersigned agrees and does hereby release from all liability and hold harmless *Karate-do Yushin-juku, Japanese Art & Cultural Center*, and any of its instructors, officers, volunteers and members of the board of directors. This liability release is for any and all liability for personal injuries including death and property losses or damage in connection with any activity or accommodation of the above mentioned. The undersigned does hereby further agree to abide by all the rules and regulations that are presented by *Karate-do Yushin-juku* and its instructors.

X

 Signature (if under 18, parent or legal guardian must sign)

 Date

Please mail or bring this registration form with appropriate fee to **JACC. Make all checks payable to "*Yushin-juku*."** Credit card payments are accepted at the JACC Reception Desk.