



# *Karate-do Yushin-juku*

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## *2018 LABOR DAY KARATE CAMP*

*Monday, September 3, 2018*

**at the Japanese Art & Cultural Center**

4334 Moorpark Ave., San Jose, CA 95129 • (408)418-3535 • [www.jpnavarts.org](http://www.jpnavarts.org)

You are invited to participate in our next *gasshuku*, **One-Day Karate Training Camp**, offering a full-day of Shotokan karate training taught by Sensei Akihiro Omi, 7th Dan. This training opportunity is open to anyone regardless of karate style, school affiliations, age or proficiency (karate belt rank).

The cost is \$80 for all sessions. At-Door registration is available with no additional charge. Students may also drop-in for any of the sessions for \$20 per session.

Please come and participate in this great opportunity to enhance your karate-do experience and spirit.

### Schedule of Events:

9:00 - 9:55 AM	Zen Meditation (Optional; FREE)
10:00 - 10:50 AM	<i>Kihon</i> (Basics) 1
11:00 - 11:50 AM	<i>Kihon</i> (Basics) 2
11:50 AM - 12:30 PM	Lunch Break
12:30 - 1:20 PM	<i>Kata</i> #1
1:30 - 2:20 PM	<i>Kata</i> #2
2:30 - 3:20 PM	<i>Kumite</i> #1
3:30 - 4:30 PM	<i>Kumite</i> #2
4:30 - 5:00 PM	Cleaning up & Finish

Fee: \$80 per participant (child or adult) for all sessions  
\$20 for any single session drop-in / \$40 for two / \$60 for three

### Notes:

1. No refund or discount will be given to late arrival, early departure or no-shows.
2. Participants may bring their own lunch or go out to eat on their own during the lunch break. A limited amount of complimentary snacks will be available at the dojo. Food, snack and soft drink donations are welcomed and appreciated.
3. For more information, visit [www.jpnavarts.org](http://www.jpnavarts.org) or call JACC at (408)418-3535.

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REGISTRATION FORM

Participant's Name		Birth Month/Year	
		/	
Current Rank			
Kyu / Dan (Belt Color: )			
Name of Parent or Guardian (if participant is under 18)			
Street Address			
City, State, Zip			
Phone		Email	
( )			
Camp Fee:			
<input type="checkbox"/> 1 Session (\$20)		TOTAL PAYMENT: \$ _____	
<input type="checkbox"/> 2 Sessions (\$40)			
<input type="checkbox"/> 3 Sessions (\$60)			
<input type="checkbox"/> 4 or more sessions (\$80)			
		<input type="checkbox"/> Credit Card; <input type="checkbox"/> Cash; <input type="checkbox"/> Check	
		(Make the check payable to " <b>Yushin-juku.</b> ")	

The undersigned agrees and does hereby release from all liability and hold harmless *Karate-do Yushin-juku, Japanese Art & Cultural Center*, and any of its instructors, officers, volunteers and members of the board of directors. This liability release is for any and all liability for personal injuries including death and property losses or damage in connection with any activity or accommodation of the above mentioned. The undersigned does hereby further agree to abide by all the rules and regulations that are presented by *Karate-do Yushin-juku* and its instructors.

X  
\_\_\_\_\_  
Signature (if under 18, parent or legal guardian must sign)

\_\_\_\_\_  
Date

Please mail or bring this registration form with \$60 fee to JACC. **Make all checks payable to "Yushin-juku."** Credit card payments are accepted at the JACC Reception Desk only.