



MARTIAL ART CLASS HOURS

Summer 2022 (Aug. 1 to Sept. 6)

MONDAY

- 4:00 pm **Karate** – General Practice (*Instructor: Lucas Nguyen, for all ages & skill levels*)
- 5:15 pm **Karate** - Beginner Children (*Instructor: Akihiro Omi*)
- 6:00 pm **Karate** – Intermediate/Advanced Children (*Instructor: Akihiro Omi*)
- 7:00 pm **Karate** - Adults (*Instructor: Akihiro Omi*)

TUESDAY

- 4:15 pm **Karate** - Beginner Children (*Instructor: Ruka Shimizu*)
- 5:00 pm **Karate** - Intermediate/Advanced Children (*Instructor: Ruka Shimizu*)
- 6:00 pm **Okinawan Karate & Kobudo** - (*Instructor: Meltem Pekin*) * Resumes on 8/23

WEDNESDAY

- 4:00 pm **Karate** – General Practice (*Instructor: Lucas Nguyen, for all ages & skill levels*)
- 5:15 pm **Karate** - Children (*Instructor: Akihiro Omi*)
- 6:00 pm **Kendo** – General Practice (*Instructor: Akihiro Omi*)
- 8:00 pm **Iaido** – Adults & Youth (*Instructor: Akihiro Omi*)

THURSDAY

- 6:15 pm **Karate** - Beginner Children (*Instructors: Eric DeLaurentis/Kiet Nguyen*)
- 7:00 pm **Karate** – Int/Advanced Children (*Instructors: Eric DeLaurentis/Kiet Nguyen*)
- 8:00 pm **Karate** - Adults (*Instructor: Eric DeLaurentis*)

FRIDAY

- 5:15 pm **Karate** - Beginner Children (*Instructor: Akihiro Omi*)
- 6:00 pm **Karate** – Int/Advanced Children (*Instructor: Akihiro Omi*)
- 7:00 pm **Karate** - Adults (*Instructor: Akihiro Omi*)

SATURDAY

- 9:00 am **Aikido** (*Instructor: Bruce Mendenhall*)
- 10:00 am **Kyudo** (*Instructor: Stephen Scott*)
- 2:15 pm **Karate** - Beginner Children (*Instructor: Akihiro Omi*)
- 3:00 pm **Karate** – Intermediate/Advanced Children (*Instructor: Akihiro Omi*)
- 4:00 pm **Kendo** – General Practice (*Instructor: Eugene Chang*)

SUNDAY

- 11:15 am **Karate** - Beginner Children (*Instructor: Kenneth Harada*)
- 12:00 pm **Karate** - Intermediate/Advanced Children (*Instructor: Kenneth Harada*)
- 1:00 pm **Karate** - Adults (*Instructor: Kenneth Harada*)

Japanese Art & Cultural Center

4334 Moorpark Ave., San Jose, CA 95129 • (408)418-3535 • staff@jpnarts.org • www.jpnarts.org