



# Yushin-juku Kendo Dojo

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## Kendo Kyu (Color Belt) Test Requirements

Rank	Eligibility	Basics	Keiko (Sparring)	Kata (Form)	Attire & Equipment	Terminology
<b>Hachi (8th) Kyu Yellow Belt</b>	Attended at least 5 classes	Demonstrate: 1. Proper ways to sit down/bow/stand up/bow. 2. Proper footwork. 3. Strong <i>kiai</i> . Demonstrate <i>Kihon</i> (Basics) with a <i>Shinai</i> : 4. Proper ways to hold a <i>shinai</i> . 5. Proper way to take the <i>chudan</i> stance. 6. Moving forward/back in the <i>chudan</i> stance. 7. <i>Shomen-uchi-suburi</i> (straight-cut-swing) 8. <i>Men/Kote/Do uchi</i> (strikes).	N/A	N/A	N/A	1. Must be able to count 1 to 10 in Japanese. 2. Must know what <i>chudan no kamae</i> means. 3. Must be able to identify Men/Kote/Do targets. 4. Must be able to follow the basic kendo commands.
<b>Nana (7th) Kyu Orange Belt</b>	Attended at least 10 classes as Yellow Belt	In addition to the 8th Kyu requirements, 1. <i>Choyaku-suburi</i> (jumping swings). 2. Demonstrate continuous <i>Men</i> strikes.	N/A	N/A	N/A	Same as above
<b>Roku (6th) Kyu Blue Belt</b>	Attended at least 10 classes as Orange Belt	In addition to the 7th Kyu requirements, 1. <i>Sayumen-suburi</i> (diagonal swings). 2. <i>Sayu-men uchi</i> (left-and-right strikes). 3. Demonstrate <i>Kote-Men</i> and <i>Kote-Do</i> combination strikes.	N/A	N/A	Do-gi (jacket) and Hakama (skirt) must be worn properly.	Same as above
<b>Go (5th) Kyu Green</b>	Attended at least 10 classes as Blue Belt	In addition to the 6th Kyu requirements, 1. <i>Kirikaeshi</i> (twice) 2. Demonstrate <i>Kote-Men-Do</i> combination strike. Demonstrate <i>Kihon</i> (Basics) with a <i>Bokuto</i> (wooden sword): 3. Men-Ichi (ten times). 4. Kote-Ichi (ten times). 5. Do-Ichi (ten times).	Demonstrate <i>Uchi-Komi-Geiko</i> (Striking Drill) against a person wearing Bogu.	N/A	Do-gi (jacket) and Hakama (skirt) must be worn properly.	Striking targets must be announced properly.



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<b>Yon (4th) Kyu Purple Belt</b>	Attended at least 10 classes as Green Belt	Demonstrate the following <i>Kihon</i> (Basics) with <i>Bogu</i> (Armor): 1. <i>Kirikaeshi</i> (twice) 2. <i>Men-Uchi</i> . 3. <i>Kote-Uchi</i> . 4. <i>Do-Uchi</i> . 5. <i>Kote-Men</i> combination strike. 6. <i>Kote-Do</i> combination strike. 7. <i>Kote-Men-Do</i> combination strike.  Demonstrate <i>Kihon</i> (Basics) with a <i>Bokuto</i> (wooden sword): 8. <i>Kote-Men-Ichi-Ni</i> (ten times). 9. <i>Kote-Do-Ichi-Ni</i> (ten times). 10. <i>Kote-Men-Do-Ichi-Ni-San</i> (ten times).	Demonstrate <i>Uchi-Komi-Geiko</i> (Striking Drill) with <i>Bogu</i> (Armor).	N/A	Uniform and <i>Bogu</i> (Armor) must be worn and tied properly.	Striking targets must be announced properly.
<b>San (3rd) Kyu Brown Belt</b>	Attended at least 10 classes as Purple Belt	In addition to the 4th Kyu requirements, demonstrate the following <i>Kihon</i> (Basics) with <i>Bogu</i> (Armor): 1. <i>Men-Taiatari-Hiki-Men</i> 2. <i>Men-Taiatari-Hiki-Do</i> 3. <i>Men-Taiatari-Hiki-Kote</i>	1. <i>Uchi-Komi-Geiko</i> 2. Keiko (Free Sparring)	Kendo Kata: <i>Ippon-me</i> (No. 1)	Uniform and <i>Bogu</i> (Armor) must be worn and tied properly.	Striking targets must be announced properly.
<b>Ni (2nd) Kyu Brown Belt</b>	Attended at least 10 classes as 3rd Kyu	In addition to the 3rd Kyu requirements, demonstrate the following <i>Kihon</i> (Basics) with <i>Bogu</i> (Armor): 1. <i>De-Gote</i> 2. <i>Men-Nuki-Do</i> 3. <i>Kote-Nuki-Men</i>	1. <i>Uchi-Komi-Geiko</i> 2. Keiko (Free Sparring)	Kendo Kata: <i>Ippon-me</i> & <i>Nihon-me</i> (No. 1 & 2)	Uniform and <i>Bogu</i> (Armor) must be worn and tied properly.	Striking targets must be announced properly.
<b>Ichi (1st) Kyu Brown Belt</b>	Attended at least 10 classes as 2nd Kyu	In addition to the 2nd Kyu requirements, demonstrate the following <i>Kihon</i> (Basics) with <i>Bogu</i> (Armor): 1. <i>Men-Kaeshi-Do</i> 2. <i>Kote-Suriage-Men</i> 3. <i>Men-Suriage-Do</i>	1. <i>Uchi-Komi-Geiko</i> 2. Keiko (Free Sparring)	Kendo Kata: <i>Ippon-me</i> thru <i>Sanbon-me</i> (No. 1 - 3)	Uniform and <i>Bogu</i> (Armor) must be worn and tied properly.	Striking targets must be announced properly.



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## Kendo Dan (Black Belt) Test Requirements

Rank	Eligibility	Basics	Keiko (Sparring)	Kata (Form)	Attire & Equipment	Terminology
<b>Shodan (1st degree black belt)</b>	Must already have Ichi-kyu (1st kyu)	<i>Kirikaeshi</i>	<ol style="list-style-type: none"> <li>1. Uchi-Komi-Geiko (with 3 people)</li> <li>2. Keiko (Free Sparring) (with 3 people)</li> </ol>	Kendo Kata: Ippon-me thru Sanbon-me (No. 1 - 3)	Uniform and <i>Bogu</i> (Armor) must be worn and tied properly.	Striking targets must be announced properly.
<b>Nidan (2nd degree black belt)</b>	Min. 1 year of training after receiving Shodan	<i>Kirikaeshi</i>	<ol style="list-style-type: none"> <li>1. Uchi-Komi-Geiko (with 5 people)</li> <li>2. Keiko (Free Sparring) (with 5 people)</li> </ol>	Kendo Kata: Ippon-me thru Gohon-me (No. 1 - 5)	Uniform and <i>Bogu</i> (Armor) must be worn and tied properly.	Striking targets must be announced properly.
<b>Sandan (3rd degree black belt)</b>	Min. 2 year of training after receiving Nidan	<i>Kirikaeshi</i>	<ol style="list-style-type: none"> <li>1. Uchi-Komi-Geiko (with 7 people)</li> <li>2. Keiko (Free Sparring) (with 7 people)</li> </ol>	Kendo Kata: Ippon-me thru Nanahon-me (No. 1 - 7)	Uniform and <i>Bogu</i> (Armor) must be worn and tied properly.	Striking targets must be announced properly.